

# Breage School Newsletter



November 2023



Dear Parent(s)

October was another busy month for #teambreage! The month started with our magical day with Will Keating. It was a special day full of wonderful music, smiles and laughter. Everyone loved taking part in the singing workshops throughout the day and Will spread his infectious enthusiasm for music. The performance at the end of the day in Breaney Chapel was truly memorable and we even made it into the newspaper! Thank you again to our wonderful P&F, without who, we would not be able to give our children these valuable experiences.

Blue Class completed their two week intensive swimming tuition and all agreed it was a huge success. The progress the children made in their water confidence and swimming ability was amazing.

I was so incredibly proud of our children during our Harvest festival, as so many children chose to take part and read or sing. We have contacted the Helston Food Bank and have arranged a date for School Council to deliver our donations and find out more about how the Foodbank helps others.

The Halloween discos were another huge success and P&F are already busy planning "movie nights" before Christmas break.

There - I've mentioned the word - Christmas! We have to begin preparing early for Christmas at school as things become so very busy. We have listened to feedback from parents and have tried to give as much notice as possible with dates for Nativity etc. We have also listened to feedback about the type of performance and have decided to do things a little differently this year. The younger KS1 children will be performing a traditional Nativity play on the 11th Dec (2.20pm) and 12th of December (5.30pm). The KS2 children will be leading a school Christingle/Carol service on the 14th December (5.30pm). I am very passionate about the performing arts and their integral value within education. To ensure the older children have the opportunity to take part in a creative performance, they will be participating in a Summer production at the end of the Summer term.

You may have seen our FB post informing you of the new AED we have in school. All staff in school are 1st aid trained which includes CPR training. It's fantastic that we have this on site as our nearest is quite a distance from school.

As always, if there is anything you have questions about or think we should know about, please get in touch. We are dedicated to giving the children of #teambreage the very best.

Keep being kind!  
Mrs Holliehead 😊





# Diary Dates



**UPDATED: 13/11/2023**

Our school day starts promptly with registration at 9.00am (arrive from 8.45am).  
School ends at 3.30pm: gates will remain locked until 3.20pm.

01/11	11am: Year R & Year 6: National Child Measuring Programme: height & weight (please see email sent on 11/10/23)
07/11	Cross Country League Race No 3: KS2: Mullion: 4.00pm
08/11	DT Sports: Clubs restart: KS1: Laser Tag KS2: Boys' Football or Girls' Multi Sports
09/11	Healthy Me Club restarts
14/11	Flu Nasal Spray immunisation: letter sent home: opt in required
17/11	Children in Need fundraiser: participating in 24hr sports: Breage Social Club
20/11	Football League: Yr 5&6: HCC: 4.15-5.15pm
21/11	KS2 Gabbroic Pottery, CAST: full day workshop (see ParentPay - permission required)
24/11	School Council visiting Helston Food Bank with Mrs Holliehead (see ParentPay)
28/11	OPEN AFTERNOON: Reception intake 2024: 1.30-3.30pm
Thurs 30th	P&F Fundraiser: Christmas Wreath Making: 7pm (please pre-book via the office)
04/12	Red Class, Breage Church, Advent Adventures
04/12	Football League: Yr 5&6: HCC: 4.15-5.15pm
07/12	Christmas Jumper Day
08/12	Hall for Cornwall, Truro, Pantomime
11/12	Nativity Play: KS1: Breage Church: 2.20pm
12/12	Yellow Class: Maritime Museum trip (see ParentPay - permission required)
12/12	Nativity Play, Breage Church: 5.30pm
13/12	Aspens Christmas Dinner Day (pre-booking required)
14/12	Christingle/Carol Concert, Breage Church: 5.30pm
15/12	Class parties: non uniform
19/12	Last day of school before Christmas break
18 & 19/12	P&F film night (straight after school): details to be confirmed
04/01	Children return to school
15/01	Deadline for applications for Reception September 2024 (children born between 01/09/2019 and 31/08/2020)
23/01	Bags2 School Collection - P&F fundraiser
09/02	STAFF INSET TRAINING DAY
12-16/02	Half term break
27/02	Cross Country League Race 4: KS2: HCC South Site: 4.00pm

**Autumn Term - weekly: Clubs restart next week w/c 06/11**

Tuesday: Years 1-4: Happy Me Club (yoga & mindfulness activities): 3.30-4.30pm

Weds: PE: All classes

Weds: 1.30pm: Cornwall Music Service Trust (sign up: Flute, Saxophone, Clarinet, Keyboard & Ukulele)

Weds: KS1 (inc Reception): Laser Tag & KS2 Boys' Football Club or Multi-Sports Club 3.30-4.30pm





# School Uniform

## Our School Uniform Policy

We believe school uniform is important: it looks smart; wears well; contributes to a sense of belonging and community; makes children feel equal to their peers in terms of appearance; fosters a feeling of pride and is designed with health & safety in mind.

We ask that all children wear the uniform and encourage them to maintain a good standard of clean and tidy dress in school. The uniform is designed to be practical, maintainable and good value for money. From this academic year, we ask that school hoodies are used primarily for sports purposes. If your child has hoodies in place of sweatshirts which still fit, please do not feel you have to replace these immediately with a school sweatshirt. Hair accessories such as slides, ribbons, bobbles etc should be fairly simple and if possible in school colours. IMPORTANT: please ensure ALL items are labelled clearly with your child's name. We have a lot of unclaimed items un-named. For safety reasons we ask that children do not wear jewellery in school. For health reasons it is important that children are properly dressed for physical activity. All children should have a full PE kit.

## School Uniform - where to buy choices

School uniform can still be ordered direct from School Trends (new logo)  
<https://www.schooltrends.co.uk/uniform/BreageCofEVAPrimaryTR139PZ>

**NEW THIS YEAR:** Uniform can be purchased locally from Whirlwind Sports, Meneage Street, Helston. Items will feature our new school logo. You will be able to browse items on their website and check if the garment and size required is in stock.

**<https://www.whirlwindsports.com/schools/breage-primary-school>**

If not in stock, it will only take days, not weeks, to arrive with the convenience of trying sizes in store as well. As in previous years, a school book bag with logo is given to each child starting Reception during the first week of school.

## Old Uniform Stock

*We do have a quantity of new uniform with the old Breage logo. Items are available at half price - if you wish to purchase, please email [hello@breageschool.org](mailto:hello@breageschool.org) stating garment type and size required. If it is in stock, we will confirm back and put the item aside for you and add the cost to your child's ParentPay account.*



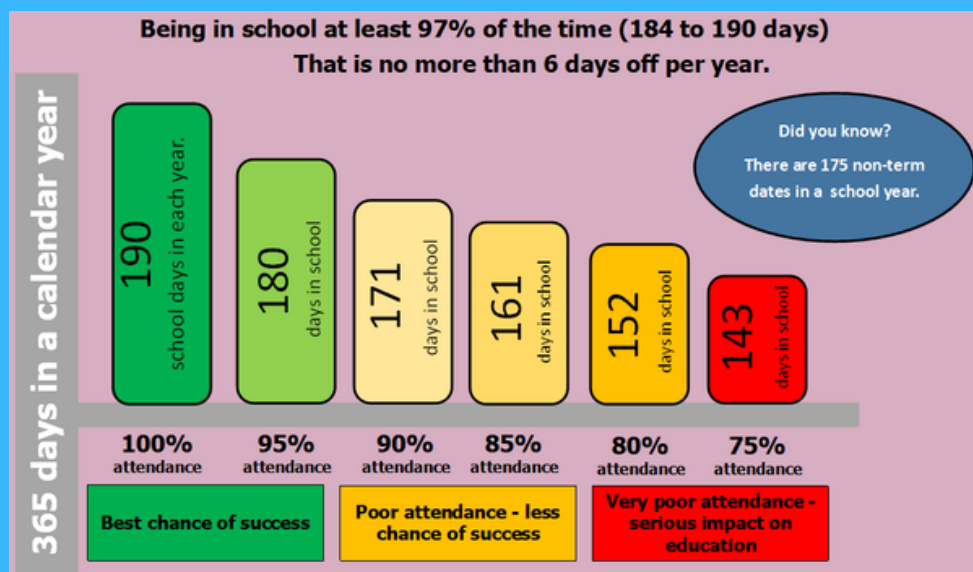
# Attendance

School is so important!

If your child is going to be absent from school for any reason, please inform the office as soon as possible. You can use our email [hello@breageschool.org](mailto:hello@breageschool.org) or select the attendance reporting option when you ring.

All children should arrive in school for 8.50am ready for registration and prompt lesson start at 9.00am. For safeguarding reasons our registers close at **9.05am**. If your child is absent and we are not aware of the reason, a text will be sent asking you to contact school.

This academic year, we will be sending home termly attendance certificates. You can also check your child's data, including attendance, using your Arbor login.



## Arbor - Parent Portal - IMPORTANT

85% of our parents have logged into their Arbor parent portal. Parents can view their child's attendance, check data and in some places make amendments eg change/add an email address. Within this login are also numerous consent requests - could parents please login asap and check if there are any outstanding tasks please. There are many children with outstanding consents. These will be checked again in a week and chase up's sent home. If you are a parent who is showing as not having logged in as yet, an email has been sent to you with instructions.





# We're using Arbor's free Parent Portal and Arbor App

We've chosen Arbor to help us manage our school.

Arbor is a simple, smart and cloud-based MIS (Management Information System), which helps us work faster, smarter and more collaboratively as a school. The Arbor App and Parent Portal mean we can keep you informed about your child's life at school in a much more accessible way. Log into Arbor to see and update your child's information, get live updates and make payments or bookings on the go!

The Parent Portal works on Google Chrome (computer or laptop) and you can download the Arbor App from the App Store or Google Play Store on your phone (Android 5.0; iOS 10.0 and upwards).

## How to get started

- 1.Wait for your welcome email from us telling you Arbor is ready - you won't be able to log in before
- 2.Click the link in your welcome email to set up your password
- 3.Go to the App or Google Play Store on your phone and search 'Arbor'
- 4.Click 'Install' on Android or 'Get' on iPhone then open the App
- 5.Enter your email, select the school, then enter your password
- 6.Accept the Terms & Conditions and enter your child's birthday

The Sunnyville School of Magic  
W10 5BN, London, GBR

Enter your password

Log in

Forgotten password?

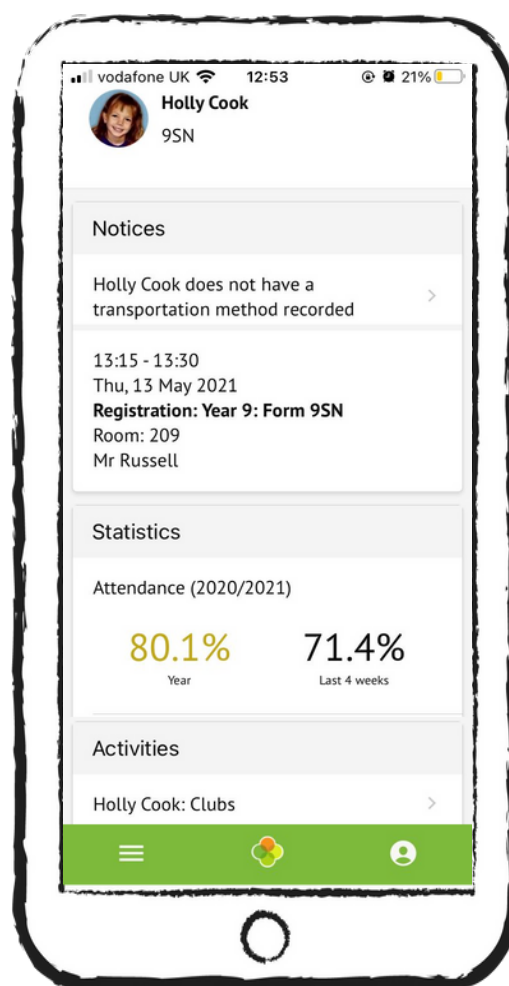
## Need help using Arbor?

Contact the school office if you have questions about Arbor, the App or Parent Portal. Tell us the type and model of your phone, e.g. an iPhone SE, and include screenshots or screen recordings.

To safeguard student data in line with General Data Protection Regulations (GDPR), Arbor only works directly with schools.

Some tips to try:

- 1.Ensure your username is the email address you use for Arbor. Ask us to check the email address linked to your account.
- 2.Reset your password from the login page, or ask us to do this.
- 3.If the login email was sent to you more than 96 hours ago, the password link will have expired. Ask us to send it again.
- 4.Ask the school office to check that your email address has not been used twice - e.g. on another guardian or child's profile.
- 5.Enter the birthday of one of your children to log in.
- 6.Only relatives who are **Primary Guardians** of a child can access the Arbor App. Ask us to check you can access Arbor.





# *We need you!*

As a Church of England school, everything we do is underpinned by our Christian vision and values.

Supporting the Trust's church schools is the Christian Ethos Committee (CEC), a group of dedicated individuals whose role is to ensure each school's Christian vision fully informs its provision, relationships and positive outcomes. The committee acts within the SIAMS framework 2023 (Statutory Inspection of Anglican and Methodist Schools), and works in accordance with the Diocese of Truro (Askel Veur) and the Trust's legal terms of reference.

Maintaining close, mutually beneficial links with our local community is essential to living our Christian values and the CEC would welcome new members. No experience is necessary, just a passion and a willingness to protect, develop and celebrate the spiritual development of the children.

If this sounds of interest to you and you feel you have time available, then please contact Mrs Holliehead, Head of School on 01326 573641 or email [hello@breageschool.org](mailto:hello@breageschool.org) for further information.



Don't forget to join our Facebook page (Breage C of E Primary School & Nursery) where we regularly share school experiences and information. You can also follow us on Twitter @breageschool





# Information

## ParentPay

All children have a ParentPay account. Children's accounts can be joined (add child) so that you only have one login with multiple children accounts within it. Please login to your ParentPay account and clear any outstanding balances, PAFC, school meals, trips, nursery fees. Balances that cannot be cleared within a reasonable period, please email [hello@breageschool.org](mailto:hello@breageschool.org) to advise when we can expect payment (instalments acceptable for larger sums). This will avoid Aspire Trust intervening. ParentPay is also used to obtain consent only so please use your account regularly or when prompted to check.

**School meals should be booked in advance on ParentPay. This shortens time spent in class during registration - allowing lessons to begin promptly.**

## Cornwall Music Service Trust

If your child is interested in learning an instrument please browse their website for full information. Signup is required for participation. Pupils receiving pupil premium free school meals can receive a free funded lesson based on a group of 4. Verena is able to offer tuition for the following instruments:-

Flute

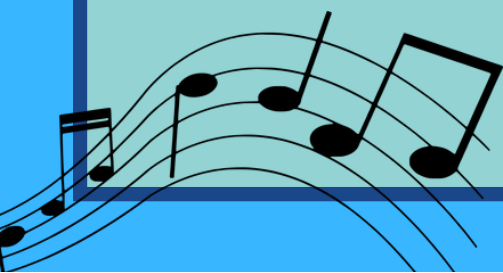
Saxophone

Clarinet

Keyboard/Piano

Ukulele

<https://cmst.co.uk/home>







# Information

## Aspens Catering

The new Aspens menu is on ParentPay and all lunches should be chosen in advance - parents should pre-book their child(ren)'s meals. This ensures children have a meal of their liking ordered and speeds up time spent on this in class during registration. When ordering you have to select one main meal option, tick the vegetable shown and then choose a pudding option. Each school meal will cost £2.65. Home packed lunches should contain healthy options and children are encouraged to bring in a piece of fruit for morning break (Reception, Year 1 and 2 receive fruit in school). All children should have a water bottle in school each day (strictly no fizzy drink permitted).

**PLEASE REMEMBER WE ARE A  
NUT FREE SCHOOL**

## Universal Infant Free School Meals & Pupil Premium

All Key Stage 1 (Reception, Year 1 and 2) pupils are entitled to receive a free school meal. This is part of the Universal Infant Free School Meals (UIFSM) initiative and regardless of what benefits, if any, are being claimed. However, some children in these year groups may also have an entitlement to benefits related Free School Meals. Children in this group are also eligible for Pupil Premium - additional funding paid to school. It is important to apply for benefits related FSM if you think your child may be eligible. You can check eligibility criteria [here](#). Children in Years 3 and above can also check criteria and apply on this link. This funding also opens up other extras such as free music lessons, holiday clubs and previously, additional help such as the cost of living payments etc.

# Aspens Menu

## FOOD FESTIVAL By Aspens

Autumn/Winter 2023/2024:  
4/9, 25/9, 16/10, 6/11,  
27/11, 18/12, 8/1, 29/1

### LUNCH WEEK 1 MENU



#### MAIN EVENT

**MONDAY**  
Chicken & Vegetable  
Meatballs in Tomato  
Sauce with Pasta  
Twirlers

**TUESDAY**  
Sausages with  
Mash Potatoes  
and Gravy

**WEDNESDAY**  
Roast Chicken and  
Stuffing with  
Roast Potatoes  
and Gravy

**THURSDAY**  
BBQ Drizzle Pizza  
with Baked Potato  
Wedges

**FRIDAY**  
Golden Fish Fingers  
or Salmon Fingers  
with Chips



#### MEAT-FREE MAGIC Vegetarian Dish

Sweet Chilli  
Vegetable Stir Fry  
with Whole Grain  
Rice

Cheesy Broccoli  
Pasta Bake

Homemade Cheese  
and Leek Sausages  
with Roasted/Mash  
Potatoes and Gravy

Tarka Dhal Curry  
(Veggie Lentil Curry)  
with Whole Grain  
Rice

Pizza  
Margherita  
with Chips



#### RAINBOW ALLEY Vegetables and Salads

Mixed Salad

Green Beans

Broccoli

Peas

Baked Beans

*Daily salad bowl and freshly baked bread available every day*



#### PASTA TWIRLER Topped Pasta

**Hot Pasta topped with Homemade Tomato Sauce**



#### BIG TOPPING Filled Jacket

**Crispy Skin Jacket Potatoes**  
with Cheese or Beans



#### DESSERT TROLLEY Pudding

Toffee  
Sponge and Custard

Jelly &  
Fruit Slices

Apple Pie  
and Custard

Vanilla  
Ice cream

Orange  
Cookie

*Cut fruit, yoghurt and jelly available every day*

## FOOD FESTIVAL By Aspens

Autumn/Winter 2023/2024:  
11/9, 2/10, 23/10, 13/11,  
4/12, 25/12, 15/1, 5/2

### LUNCH WEEK 2 MENU



#### MAIN EVENT

**MONDAY**  
All Day Breakfast  
Brunch  
Sausage, Egg, Hash  
Brown and Beans

**TUESDAY**  
Pizza Margherita  
with Baked Potato  
Wedges

**WEDNESDAY**  
Roast Chicken and  
Stuffing with  
Roast Potatoes  
and Gravy

**THURSDAY**  
Minced Beef and  
Onion Pie with Mash

**FRIDAY**  
Golden Fish  
Fingers  
with Chips



#### MEAT-FREE MAGIC Vegetarian Dish

All Day Veggie  
Breakfast Brunch  
Veggie Sausage, Egg,  
Hash Brown and Beans

Golden Vegetable  
Fingers with Baked  
Potato Wedges

Super Veggie Pie  
Vegetable, Lentil and  
Onion Pie with Mash

Mexican Bean Wrap  
with Whole Grain  
Rice

Cheesy Sweetcorn  
Pizza  
with Chips



#### RAINBOW ALLEY Vegetables and Salads

Baked Beans

Green Salad

Carrots

Sweetcorn

Baked Beans

*Daily salad bowl and freshly baked bread available every day*



#### PASTA TWIRLER Topped Pasta

**Hot Pasta topped with Homemade Tomato Sauce**



#### BIG TOPPING Filled Jacket

**Crispy Skin Jacket Potatoes**  
with Cheese or Beans



#### DESSERT TROLLEY Pudding

Sponge Cake and  
Custard

Jelly

Apple Crumble and  
Custard

Vanilla  
Ice Cream

Jammy Crumble  
Bars

*Cut fruit, yoghurt and jelly available every day*

<div>  <div> <b>FOOD FESTIVAL</b>  <small>by Aspens</small> </div> <div> <small>Autumn/Winter 2023/2024:  18/9, 9/10, 30/10, 20/11, 11/12, 1/1, 22/1</small> </div> </div>					
LUNCH WEEK 3 MENU					
 <b>MAIN EVENT</b>   <b>MEAT-FREE MAGIC</b> Vegetarian Dish   <b>RAINBOW ALLEY</b> Vegetables and Salads   <b>PASTA TWIRLER</b> Topped Pasta   <b>BIG TOPPING</b> Filled Jacket   <b>DESSERT TROLLEY</b> Pudding	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Hot Dog with Baked Potato Wedges	Tomato & Roasted Vegetable Pasta Bake	Roast Gammon with Roast Potatoes and Gravy	<b>Pizza Day!</b> Veggie Supreme Pizza with Baked Potato Wedges	Golden Fish Fingers with Chips
	Vegetarian Shepherd's Pie	Mixed Vegetable Korma with Whole Grain Rice	Baked Mac n Cheese	BBQ Drizzle Pizza with Baked Potato Wedges	Golden Vegetable Fingers with Chips
	Green Beans	Broccoli	Carrots	Peas	Baked Beans
	<i>Daily salad bowl and freshly baked bread available every day</i>  <b>Hot Pasta topped with Homemade Tomato Sauce</b>  <b>Crispy Skin Jacket Potatoes</b> with Cheese or Beans				
	Vanilla Ice Cream	Chocolate Crunch and Custard	Oaty Apple Crunch Slice	Jelly	Shortbread Biscuit
<i>Cut fruit, yoghurt and jelly available every day</i>					



## Ordering meals in ParentPay



The majority of parents are pre-ordering their child's lunch on ParentPay - thank you!

There are still a handful of parents who are not ordering online. Meals can be pre-ordered for the week, several weeks or even the whole term. It's really important that parents are ordering their own child's meal as you know what your child likes/dislikes and it's really simple to do. Taking meal orders during class registration delays the start of lessons commencing and can disrupt other children's learning too. If you are having problems ordering online please contact the school office.





## Aspens

We are looking forward to  
Aspens visiting us after  
Christmas to make bread  
with the children.



## Parents and Friends of Breage C of E Primary School >

Please request to join Parents & Friends new FB page to keep up to date with events taking place. This is a closed group. Once you have requested to join, admin will approve your membership. It's recommended that all parents join so as not to miss out on vital information. Please let the school office know if you're not able to view FB posts.

# WE'RE RAISING MONEY

FOR BBC CHILDREN IN NEED



### WHAT?

Children will visit Breage Social Club throughout the day and take part in various fun sporting activities

### WHEN & WHERE?

**Friday  
17th  
November  
Breage Social  
Club**

### CONTACT:

**The School Office**

BBC Children in Need is not responsible for the organisation of this event or for the collection of the money.  
PLEASE PHOTOCOPY THIS RESOURCE



Official Education Partner

[bbcchildreninneed.co.uk/schools](http://bbcchildreninneed.co.uk/schools)

## Breage School Parents & Friends

# Christmas Wreath Making Workshop

## THURSDAY 30TH NOVEMBER

### AT 7PM

**£15 - includes all materials and  
refreshments**

**Payments required on booking**

**Book at School Office or with a P&F  
Member**





the  
national  
**sleep**  
helpline

**Want to know  
more about  
sleep?**

ASK US THE  
QUESTIONS YOU  
WANT ANSWERS TO

**03303 530 541**  
Monday, Tuesday & Thursday 7pm - 9pm  
Monday & Wednesday 9am - 11am

# National Sleep Helpline

The National Sleep Helpline have provided this free resource that can help parents and children to learn more about their sleep and develop better bedtime routines. Sleep is essential to brain function, by helping children to sleep better, we can help them to succeed in school.

In response to caller feedback, their opening hours now include two morning sessions.

At any given time up to 40% of adults and 50% of children (this rises to 80% with a SEND diagnosis) have difficulties with their sleep. Yet in a recent survey, almost 60% of adults felt there was a lack of support for sleep issues. Sleep problems can leave people feeling isolated and lonely.

This free helpline is run by trained sleep advisors, many of whom are specialists in working with SEND.

They can talk to young people directly, or parents (they can also talk to adults, including older people, about their sleep issues).

The helpline is open 5 times a week, Monday, Tuesday, Thursday evenings 7-9pm, and Monday, Wednesday mornings 9-11am. The number is 03303 530 541.

You can read more here:

<https://thesleepcharity.org.uk/national-sleep-helpline/>



**Around 50% of  
children will have  
a sleep issue at  
some point\***

## WHAT IS THE NATIONAL SLEEP HELPLINE?

In partnership with Furniture Village, The Sleep Charity has launched a brand new National Sleep Helpline to ensure that everyone has access to high quality, evidence-based advice.

## HOW CAN THE NATIONAL SLEEP HELPLINE HELP ME?

- Run by a team of specialist trained sleep advisors
- Offer you some practical strategies and recommend services that could help
- Ensuring you understand how sleep plays an important part in mental health wellbeing
- Listen without judgement and help you decide what next steps are right for you
- Empower you with sleep knowledge so you can understand why you might not be sleeping well and how that can change

**03303 530 541**

Monday, Tuesday & Thursday 7pm - 9pm  
Monday & Wednesday 9am - 11am





Nick, our Servery Manager, runs this club in Porthleven. A few of our pupils already attend. Sharing for information in case it's of interest  
- parents should make their own judgement on its suitability.



# Porthleven Judo Kwai

Mondays starting at 6.30 pm  
at Porthleven Public Hall

First 2 sessions free

Contact

Jane Sharp-Hall  
01736 763348

or

Ann Threadgold  
01326 563735

For more details

Or just pop along

Everyone Welcome!

