Breage CE School Personal Development Overview Our PSHE Curriculum

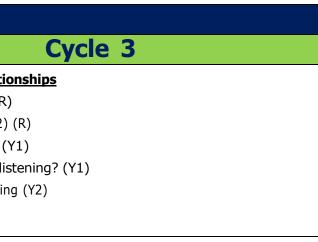
Assembly Overview – Personal Development					
Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
British Values	Sustainability / Creation Care	Road Safety Anti- Bullying Internet Safety	Stranger Danger	Rail Safety Sun Awareness Beach / Water Safety	Keeping Physically Healthy Mental Health Awareness
British Values Sustainability / Creation Care	Radicalisation / Extremism	Cyber Bullying Internet Safety NSPCC Workshops	Embracing Differences – Protected Characteristics	Sun / UV Awareness Beach / Water Safety	Keeping Physically Healthy Mental Health Awareness British Values

Due to the nature of being a small school, we follow the 'small schools' curriculum set out by SCARF to ensure pupils of all ages develop their knowledge and understanding.



EYFS & KS1		
Cycle 2		
Me and My Relationships	Me and My Relation	
 Me and my special people (R) 	My Feelings (R)	
• Who can help me? (R)	My Feelings (2) (
Our Feelings (Y1)	Good friends (Y	
Feelings & Bodies (Y1)	How are you list	
Our Special People balloons (Y1)	Types of bullying	
Bullying or teasing? (Y2)		
	Cycle 2 <u>Me and My Relationships</u> • Me and my special people (R) • Who can help me? (R) • Our Feelings (Y1) • Feelings & Bodies (Y1) • Our Special People balloons (Y1)	





Rights and Responsibilities• Looking after my special people (R)• Looking after Friends (R)• Being helpful at home and caring for our classroom (R)• Harold's wash & brush up (Y1)• Around and about the school (Y1)• Getting on with others (Y2)	 <u>Rights & Responsibilities</u> Looking after money (1): recognizing using, spending (R) Taking care of something (Y1) Harold's money (Y1) When I feel like erupting (Y2) 	Rights & Responsibiliti• Caring for our we• Looking after me• How should we I• Harold saves for
Valuing DifferencesI'm special, you're special (R)Same and different (R)Same OR different? (Y1)Unkind, tease or bully? (Y1)What makes us who we are? (Y2)	 <u>Valuing Differences</u> Same and different families (R) Same and different homes (R) Harold's school rules (Y1) Who are our special people? (Y1) My Special People (Y2) 	 Valuing Differences Kind and caring Kind and caring It's not fair! (Y1) An act of kindne
 Being My Best Bouncing back when things go wrong (R) Yes I can (R) I can eat a rainbow (Y1) Eat well (Y1) You can do it! (Y2) 	 Being my Best Healthy eating (R) Healthy eating (2) (R) Harold has a bad day (Y1) Pass on the praise (Y1) Harold's bathroom (Y2) 	 Being My Best Move your body A good night's s Harold learns to r Catch it! Bin it! Kil Basic 1st Aid (Y1) My body needs.
 Keeping Myself Safe What's safe to go onto my body (R) Keeping myself safe: What's safe to go into my body (including medicines) (R) Healthy me (Y1) Super sleep (Y1) Harold's picnic (Y2) 	 Keeping Myself Safe Safe indoors and outdoors (R) Listening to my feelings (1) (R) Who can help? (1) (R) Harold loses Geoffrey (Y1) What should Harold say? (Y2) 	 Keeping Myself Safe Keeping safe on People who help What could Hare Good or bad too Fun or not? (Y2)
 <u>Growing and Changing</u> Seasons (R) Life stages - plants, animals, humans (P1) Inside my wonderful body (Y1) Taking care of a baby (Y1) A helping hand (Y2) 	 Growing and Changing Life stages - Human life stage. Who will I be? (R) Where do babies come from? (R) Then and now (Y1) Who can help? (2) (Y1) Sam moves away (Y2) 	 Growing and Chang Getting bigger (Me and my body Surprises and sec Keeping privates Haven't you grow
 PSHE Economic Understanding: Recognising money (coins, notes). Using money in class for day-to-day activities (e.g. paying for fruit). How money is obtained (earned, borrowed, won, gifts). Keeping money safe. Needs vs wants. Different jobs and how people are paid. 	 PSHE Technology & Media: Learning to use technology in learning. Finding information using technology. Ensuring adult supervision. Computing curriculum / assembly overview further enhances provision and pupil understanding of internet safety. 	 PSHE Wider Safety: Road safety, fire/f keeping safe in u Road safety, fire/f keeping safe in u Emergency situal

ities

world (R) money (2): Saving money and keeping it safe (R) look after our money? (Y1) for something special (Y2)

es

ng (1) (R) ng (2) (R) 1) Iness (Y2)

ody (R)

's sleep (R) to ride his bike (Y1) ! Kill it! (Y1) Y1) ds... (Y2)

<u>afe</u>

online (R) elp to keep me safe (R) larold do? (Y1) touches? (Y1) '2)

nging

er (R) ody – Girls and Boys (R) secrets (Y1) ites private (Y1) grown! (Y2)

e/fireworks, deep water, use of equipment, unfamiliar places. e/fireworks, deep water, use of equipment, unfamiliar places. Medicines and drugs. uations.

KS1 Computing NC: use technology safely and respectfully, keeping personal information private; identify where to go for help and support when they have concerns about content or contact on the internet or other online technologies.	Assembly overview furthe of internet safety.
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KS2		
Cycle 1	Cycle 2	
Me and My Relationships	Me and My Relationships	Me and My Re
 Looking after our special people (Y3) 	As a rule (Y3)	Friends are special
• Ok or not ok? (part 1) (Y4)	An email from Harold! (Y4)	Under pressure (Y4)
Our emotional needs (Y5)	Different feelings (Y4)	How good a friend
• Being assertive (Y5)	Give and take (Y5)	Relationship cake r
Behave yourself (Y6)	Don't force me (Y6)	Working together (
Assertiveness skills (Y6)	Acting appropriately (Y6)	Solve the friendship
Rights and Respect	Rights and Respect	Rights and Respec
Safety in numbers (Y4)	Earning money (Y3)	How do we make a
• Why pay taxes (Y4)	• Who helps us to stay healthy and safe? (Y4)	• In the news! (Y4)
• What's the story? (Y5)	• It's your right (Y4)	Mo makes a difference
• Fact or opinion(Y5)	• Spending wisely (Y5)	Rights respect and
 Democracy in Britain 1 – Elections (Y6) 	Two sides to every story (Y6)	What's it worth? (Yes a second s
• Democracy in Britain 2 – How (most) laws are made (Y6)	Fakebook friends (Y6)	Happy shoppers –
Valuing Difference	Valuing Difference	Valuing Differen
Respect and challenge (Y3)	My community (Y3)	Let's celebrate our
• That is such a stereotype! (Y4)	Friend or acquaintance? (Y4)	• Can you sort it? (Y ²
Qualities of friendship (Y5)	• Is it true? (Y5)	What would I do? (
Kind conversations (Y5)	• Start, stop, stereotypes (Y5)	Happy being me (
Advertising friendships (Y6)	• Ok to be different (Y6)	Respecting differer
• Boys will be boys? – challenging gender stereotypes (Y6)	• We have more in common than not (Y6)	Tolerance and resp
Being My Best	Being my Best	Being My Best
• What makes me ME! (Y4)	My school community (1) (Y4)	For or against? (Y3)
Making choices (Y4)	Basic first aid (Y4)	Harold's seven R's (
• Star qualities? (Y5)	• It all adds up! (Y5)	My school commun
Basic first aid, inc. Sepsis awareness (Y5)	Different skills (Y5)	Independence and
• This will be your life! (Y6)	• What's the risk? (1) (Y6)	Basic first aid, inc. S
Our recommendations (Y6)	• What's the risk? (2) (Y6)	Five ways to wellbe
Keeping Safe	Keeping Safe	Keeping Safe
• Picture wise (Y4)	 Danger, risk or hazard? (Y4) 	Help or harm (Y3)

ner enhances provision and pupil understanding

Cycle 3

My Relationships

ecial (Y3) e (Y4) riend are you? (Y5) cake recipe (Y5) ther (Y6) ndship problem (Y6)

<u>espect</u>

nake a difference? (Y4) Y4) lifference (Y5) t and duties (Y5) h? (Y6) ers – caring for the environment (Y6)

<u>Difference</u>

e our difference (Y3) it? (Y4) do? (Y4) me (Y5) fferences (Y6) l respect for others (Y6)

? (Y3) R's (Y4) nmunity (Y5) and responsibility (Y5) inc. Sepsis awareness (Y6) wellbeing project (Y6)

<u>Safe</u>

How dare you! (Y4)Spot bullying (Y5)	Keeping ourselveDecision dilemma
• Play, like, share (Y5)	Ella's diary dilem
	Think before you
Alcohol: what is normal (Y6)	• To share or not to
Growing and Changing	Growing and Cl
• Secret or surprise? (Y3)	My changing boo
All change! (Y4)	My feelings are a
 Preparing for changes at puberty (Y4) 	Dear Ash (Y5)
 Changing bodies and feelings (Y5) 	Growing up and
Help! I'm a teenager get me out of here! (Y5)	• Is this normal? (Y6
• I look great! (Y6)	• Making babies ()
Media Manipulation (Y6)	
PSHE Technology & Media:	PSHE Wider Safety:
Finding information using technology.	Road safety, fire/ keeping cofe in
•	 keeping safe in Road safety, fire/
	keeping safe in u
Computing curriculum / assembly overview further enhances provision and	Emergency situa
pupil understanding of internet safety.	Assembly overview furth
	of internet safety.
to report concerns about content and contact.	
	 Spot bullying (Y5) Play, like, share (Y5) Drugs: it's the law! (Y6) Alcohol: what is normal (Y6) Growing and Changing Secret or surprise? (Y3) All change! (Y4) Preparing for changes at puberty (Y4) Changing bodies and feelings (Y5) Help! I'm a teenager get me out of here! (Y5) I look great! (Y6) Media Manipulation (Y6) PSHE Technology & Media: Finding information using technology. The reliability of online content. Risks of sharing text, information and images. Computing curriculum / assembly overview further enhances provision and pupil understanding of internet safety. KS2 Computing NC: use technology safely, respectfully and responsibly; recognise acceptable/unacceptable behaviour; identify a range of ways

lves safe (Y4) mas (Y5) emma (Y5) ou click? (Y6) t to share? (Y6)

Changing

body (Y3) e all over the place (Y4)

nd changing bodies (Y5) (Y6) 5 (Y6)

<u>/:</u>

ire/fireworks, deep water, use of equipment, in unfamiliar places. ire/fireworks, deep water, use of equipment, in unfamiliar places. Medicines and drugs. ituations.

rther enhances provision and pupil understanding

Citizenship

	EYFS & KS1: Maple Class	KS2: 0
 Development of character Ethos of aspiration. High expectations to fulfil potential. Wider opportunities. Pride in the school. Strong self-discipline. Consideration, respect, good manners. Promotion of positive character traits and celebration of these. 	Care Happiness Image: Service Signature Image: Service Signature Sorgiveness Friendship Image: Service Signature Image: Service Signature Image: Service Signature Image: Service Signature	Our School Vision: Our vision is to be a loving and caring school where children are equipped to flourish in the real world.
	FRIENDSHIP BENCH	Our school values underpin all t
	 Our school values are underpinned by three children's story books, these have been selected to support our younger pupils in understanding how our values link to their own actions and experiences. Each week we hold a 'Celebration Assembly', pupils are selected as 'Stars of the week' linked to our school values. We teach pupils in EYFS & KS1 about the importance of looking after our school environment (and link this to our value of respect). 	 Our school values under pin all carticulate how these ensure our skey attributes. Each week we hold a 'Celebration' Stars of the week' linked to our stars of the week' linked to our playground leaders each year – to pupil leader, whilst also providin models for our younger pupils.
 Wider opportunities To develop pupils' interests. To further develop character/citizenship (meaningful voluntary work and taking on responsibilities in school and the local community). Is there a good take-up by disadvantaged pupils and those with SEND? Is there sustained participation? Is there a good range of lunchtime and/or after-school clubs? Are curricular visits designed to ensure that pupils learn what is intended from the trip? 	 Three members of Maple class represent the School Council – elections are held at the start of each school year and all pupils are able to put themselves forward. Pupils learn about democracy throughout this process. A diverse mix of pupils (PP / SEND) have a voice on the School Council. Impact in the 2024 school year includes the addition of a basketball hoops and outdoor play resources chosen by the pupils. After school clubs are available for pupils from Reception – Year 6. These include clubs such as singing club, KS1 and KS2 sports clubs and Art club. Uptake is consistently high across all clubs. Curricular visits are designed to further enhance learning. DT coaching support the school in establishing events such as cross country. 	 Four members of Oak class represented at the start of each school with the members forward. Pupils learn A diverse mix of pupils (PP / SEI Impact in the 2024 school year in and outdoor play resources cho charity for Breage School to sup After school clubs are available Reception – Year 6. These include singing club, KS1 and KS2 sports club. Uptake is consistently high Curricular visits are designed to f learning. DT coaching support the school in
 British values Democracy, the rule of law, individual liberty and mutual tolerance and respect. Are pupils taught that these values are precious and not seen across 	 Pupils learn about British Values beyond our PSHE curriculum through: ✓ British Values revisited each Autumn Term as part of the school's Assembly Overview. ✓ Through campaigning and electing members of the School Council each year (democracy). 	 Pupils learn about British Values beyond ✓ British Values revisited each Autu Overview. ✓ Through campaigning and elective year (democracy).
 the world? Can pupils describe what life would be like (in an age-appropriate manner) what life would be like 	Coverage in our PSHE Curriculum: <u>Recognise what is fair and unfair, kind and unkind, what is right and wrong.</u> <u>To identify and respect the similarities and differences between people.</u> <u>To help construct, and agree to follow, group and class rules and to understand how these</u>	Coverage in our PSHE Curriculum: <u>To recognise and respond appropriately to a</u> <u>To listen to and respond respectfully to a w</u> <u>their own concerns, to recognise and care a</u>

Oak Class



I that we do at Breage School. Pupils can Ir school helps them to develop these

- ation Assembly', pupils are selected as ur school values.
- mbers of Eco-committee, school council and – this provides them with aspiration to be a ling positive role

present the School Council – elections are of year and all pupils are able to put rn about democracy throughout this process. SEND) have a voice on the School Council. r includes the addition of a basketball hoop hosen by the pupils and the selection of a upport.

le for pupils from ude clubs such as orts clubs and art igh across all clubs. o further enhance



I in establishing events such as cross country.

nd our PSHE curriculum through: tumn Term as part of the school's Assembly

cting members of the School Council each

to a wider range of feelings in others. wide range of people, to feel confident to raise re about other people's feelings and to try to see,

without one or more of these values?	<u>rules help them.</u> To understand that people and other living things have needs and that they have	respect and if necessary constructively chains To listen and respond respectfully to a wide
• Does the school ensure that British values are not presented in a stereotypical manner with just cups of tea and Big Ben?	<u>responsibilities to meet them.</u> <u>To understand that they belong to various groups and communities.</u>	own concerns, to recognise and care about respect and if necessary constructively char To understand that everyone has human rig To understand how and why rules and law
	Individual liberty Mutual Respect Democracy Freedom of faiths The rule of and beliefs	<u>To appreciate the range of national, regional</u>
		Kingdom. To have increased responsibility to keep the increasing independence. To realise the nature and consequences of the behaviour. To understand that the universal rights are both over national law and family and cor To recognise reasons for rules and laws and rules and laws.
 Inclusion and equality of opportunity No-one should be treated or thought of as less favourable because they belong to a specific 	SCARF units linked to inclusion and equality of opportunity: • Valuing Difference • Rights & Respect	SCARF units linked to inclusion and equality • Valuing Difference • Rights & Respect
 group. Are pupils taught that not to be inclusive is to be unjust to some people? 	The school's positive behaviour policy is underpinned by the school's vision & values. The both promote equality and inclusion, with a focus on kindness and respect towards all.	ese The school's positive behaviour policy is und both promote equality and inclusion, with a

hallenge their points of view. ide range of people, to feel confident to raise their bout other people's feelings and to try to see, challenge their points of view.

rights.

aws that protect themselves and others are made eded in different situations and how to take part in

onal, religious and ethnic identities in the United

hemselves and others safe to recognise their

of discrimination, teasing, bullying and aggressive

re there to protect everyone and have primacy community practices. and the consequences of not adhering to these

ty of opportunity:

nderpinned by the school's vision & values. These a focus on kindness and respect towards all.

Physical Health & Well-being

	EYFS & KS1: Maple Class	KS2:
 RSHE Physical health & well-being Healthy eating. Physical health/fitness. Oral hygiene, sleep, sun protection, dangers of tobacco drugs & alcohol. Basic first aid. 	 SCARF Coverage Nursery & EYFS: Talk about healthy choices and activities; Name what their bodies need for energy (food, water, exercise, sleep); Describe how they feel when they don't have enough food, water, exercise or sleep; Make healthy choices independently, in their home or education setting. Name and choose healthy foods and drink; Understand there are some foods that are a "just sometimes" food or drink (eating in moderation); Explain the jobs of different food groups. Describe the changes in their body during exercise and what is happening to their body; Explain how exercise can help us stay well - physically and mentally; Name some ways to keep their body fit and well. Suggest ways to have a calm evening and bedtime routine. SCARF Coverage Year 1: Recognise the importance of sleep in maintaining a healthy, balanced lifestyle; Identify simple bedtime routines that promote healthy sleep. Recognise the importance of fruit and vegetables and fruit a day helps to maintain health. Recognise the importance of regular hygiene routines. Understand that the body gets energy from food, water and air (oxygen); 	 SCARF Coverage Year 3: Explain how each of the food group Plate) benefits the body; Explain what is meant by the term Give examples what foods might SCARF Coverage Year 4: Understand that the body gets enexercise and sleep are important SCARF Coverage Year 5: Explain the function of at least one Understand the importance of foo human body and its health. Identify people who are responsible Identify ways that they can help the scare for the five ways to well the people how the five ways to well being content of how they can be implemented in people
	Recognise that exercise and sleep are important parts of a healthy lifestyle	

	• Recognise that exercise and sleep are important parts of a healthy lifestyle.	
	 SCARF Coverage Year 2: Understand that vaccinations can help to prevent certain illnesses. Explain the importance of good dental hygiene; Describe simple dental hygiene routines. Understand that the body gets energy from food, water and oxygen; Recognise that exercise and sleep are important to health. 	
Opportunities beyond PSHE	 Pupils in EYFS take part in the 'Big Brush Club', this focuses on the importance of brushing your teeth. PE and Science curriculums focus on the importance of a healthy lifestyle and a balanced diet. Maple class outdoor learning space facilitates outdoor physical activity as part of daily learning and continuous provision. Regular forest school learning enables pupils to be outdoors and take part in active learning. Maple class are offered a physical extra-curricular club each week as part of the school's clubs offer. Whole-school sporting events such as cross country (led with Lizard schools) provide pupils with opportunities to take part in competitive sport. 	 PE and Science curriculums for and a balanced diet. Regular forest school learning in active learning. Oak class are offered a physica part of the school's clubs offer. Whole-school sporting events schools) provide pupils with op

: Oak Class

oups on the Eatwell Guide (formerly Eatwell

rm 'balanced diet'; nt make up a healthy balanced meal.

energy from food, water and oxygen and that nt to our health.

ne internal organ. ood, water and oxygen, sleep and exercise for the

ible for helping them stay healthy and safe; these people.

ellbeing are; g contribute to a healthy lifestyle, giving examples eople's lives.

ocus on the importance of a healthy lifestyle

g enables pupils to be outdoors and take part

cal extra-curricular club each week as er.

ts such as cross country (led with Lizard poportunities to take part in competitive sport.

Effectiveness of Personal Development

	EYFS & KS1: Maple Class	KS2: 0
 Effective pedagogy for PD Pupils revisit previous content. Teachers check what pupils know. Pupils' misconceptions are addressed. Relationships are positive and respectful. 	SCARF follows a spiral curriculum following 6 units: • Me & My Relationships • Valuing Difference • Keeping Safe • Keeping Safe • Rights & Respect • Being My Best • Growing & Changing Pupils revisit previous content each year before building upon this with new knowledge at an age-appropriate level. Assembly safeguarding / safety / personal development overview is revisited each year so that pupils can build upon their knowledge and understanding over time.	SCARF follows a spiral curriculum following 6 unit • <u>Me & My Relationships</u> • <u>Valuing Difference</u> • <u>Keeping Safe</u> • <u>Rights & Respect</u> • <u>Being My Best</u> • <u>Growing & Changing</u> Pupils revisit previous content each year before age-appropriate level. <u>Assembly safeguarding / safety / personal devence</u> pupils can build upon their knowledge and unce
 Effective assessment Teachers check pupils' knowledge. Formative assessment is timely and focused. Pupils have secure knowledge across elements (British values, finances etc). 	Learning and reflections in PSHE are evidenced in floor books, pupils have the opportunity to revisit prior learning and reflect upon own experiences. Spiral curriculum supports revisiting learning. School TLPs for questioning and on-going assessment applied in PSHE and PD learning. Pupil conferencing is used as a tool to check pupil understanding over time, with any areas for development actioned.	Learning and reflections in PSHE are evidenced revisit prior learning and reflect upon own exper learning. Pupils take an increased ownership in part of learning in PSHE. School TLPs for questioning and on-going assess Pupil conferencing is used as a tool to check pu development actioned.
Effective culture for PD • Pupils are interested and engaged in the programme.	Pupils are interested and engaged in their learning across the curriculum. There are high expectations for all pupils, including those with SEND. Personal Development extends beyond the PSHE curriculum (extra-curricular clubs, trips & residentials, assemblies, pupil leadership, curriculum).	Pupils are interested and engaged in their learni expectations for all pupils, including those with Personal Development extends beyond the PSHI residentials, assemblies, pupil leadership, curric
 There are high expectations of what pupils can learn. Content is supported by a package of wider opportunities. Effective leadership of PD Monitoring, evaluation and review. Staff have good subject knowledge. Strengths and weaknesses are identified. There is clear continuity and progression from early years to Year 6. The aims of the PD programme are shared with parents. 	 The school has a 'Personal Development' lead, who is responsible for the quality of PSHE, RE & Pupil Voice. The PD lead works alongside school leaders to monitor the quality of teaching and provision across the school, also providing training and updates for staff. Staff are supported to develop their subject knowledge through the use of resources such as 'SCARF' and the Cornwall Agreed Syllabus for RE. The assembly lead provides support and training linked to themes covered in these sessions. Both PSHE and RE follow a progressive / spiral curriculum from Nursery to Year 6 with clear continuity and progression. Curriculum information is shared with parents at the start of each school year, information regarding PSHE & SRE is shared with all new starters (and in Year 6 annually). Curriculum information is also available on the school website. 	 The school has a 'Personal Development RE & Pupil Voice. The PD lead works alongside school lead provision across the school, also providi Staff are supported to develop their sub as 'SCARF' and the Cornwall Agreed Syl and training linked to themes covered in Both PSHE and RE follow a progressive / scontinuity and progression. Curriculum information is shared with pa regarding PSHE & SRE is shared with all information is also available on the sch

Oak Class

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essment applied in PSHE and PD learning.

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rning across the curriculum. There are high the SEND.

HE curriculum (extra-curricular clubs, trips & riculum).

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